



FRESH FRUIT & VEGETABLE PROGRAM

Program Webinar

Wednesday, October 5, 2016



The webinar will begin at 2pm

Stephanie Dross, FFVP Consultant



stephanie.dross@iowa.gov
515-281-4760



Training Objectives

- Introduction
- Program Requirements
- Allowable Costs
- Purchasing/Procurement
- FFVP Promotion
- Partnerships
- Claims Process
- Budget
- Food Safety
- Nutrition Education Resources



Goal of FFVP



Fresh Fruit and Vegetable Program

- Provides all children a variety of free fruits and vegetables
- Introduces fresh fruits and vegetables as healthy snacks
- Develop partnerships



FFVP in Iowa

- Funding increases every year!
 - 2010-11: \$1,625,893 State grant
 - 2016-17: \$2,713,549 State grant
 - 35 districts & 126 schools
 - Reaching almost 52,000 students
- Schools selected based on:
 - Completed application
 - Must be an elementary school
 - Priority to highest free/reduced
 - Iowa Grant awarded at \$50-\$55 per student
 - Based on number of days served per week

USDA Evaluation of FFVP

- Increased consumption for fruits/vegetables
 - 1/3rd cup per day
- A majority of FFVP students took the fruit and vegetable snack when offered
 - 85% took the fruit snack most of the time
 - 63% took the vegetable snack most of the time
- Students had a more positive attitude towards fruits & vegetables.



USDA Evaluation of FFVP

- FFVP schools offered nutrition education more frequently
- A majority of FFVP schools served fruit & vegetable snacks 3-5 times per week
- FFVP snacks were most often served in the classroom.
- Participating schools reported a positive opinion of the FFVP



Oelwein Comm Schools



How it Works

- Receive Reimbursement
 - Cost of purchasing, preparing, & serving fresh fruits & vegetables
- Monthly Claims
- No more than 10% of school's total claim for administrative costs
- Schools decide on when, where, and how
- Nutrition Education is strongly encouraged



Cedar Rapids - Garfield Elementary

Who CAN Have a FFVP Snack?

- All children who normally attend
- Not given as a reward or withheld for punishment
- Teachers under the following conditions:
 - Directly responsible for serving snack
 - Strongly encouraged to include a nutrition education component
 - Role modeling potential
 - No additional funds will be provided



Who CANNOT have a FFVP Snack

- School staff not directly serving students
- Parents, grandparents, aunts, uncles
- Other community residents
- Junior & Senior High students



Serving Fruits and Vegetables



- During the school day
 - Not before or after school
 - Not during breakfast or lunch
 - Not during summer school
- School decides on time of day and days of week
- Must be provided from beginning to end of school year, at least 2 days per week
- Distribution method
 - In classrooms
 - In hallways
 - At kiosks



In the Classroom

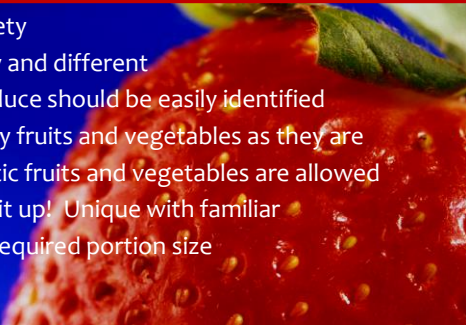
- Helps reduce messes
- Makes the most of learning time
- Nutrition education component



Cedar Rapids – Garfield Elementary

Which fruits and vegetables?

- Variety
- New and different
- Produce should be easily identified
- Enjoy fruits and vegetables as they are
- Exotic fruits and vegetables are allowed
- Mix it up! Unique with familiar
- No required portion size





Examples



- | | | |
|-----------------------|-------------------|----------------------|
| • Yam Sticks | • Mango | • Broccoli |
| • Strawberries | • Cucumber slices | • Raspberries |
| • Clementine | • Cherry tomatoes | • Zucchini |
| • Grapes | • Grape tomatoes | • Ugli Fruit |
| • Plums | • Peaches | • Tangelos |
| • Yellow baby carrots | • Blood oranges | • Blackberries |
| • Sugar snap peas | • Star fruit | • Kohlrabi |
| • Red Bananas | • Red pears | • Honeydew melon |
| • Jicama sticks | • Pineapple | • Green Peppers |
| • Turnip Sticks | • Apple Slices | • Radishes |
| • Blueberries | • Bananas | • Watermelon |
| • Grapefruit | • Cantaloupe | • Kiwi |
| • Cabbage | • Cauliflower | • Pomegranates |
| • Kale | • Celery | • Mini Sweet Peppers |



Not Allowed

- Processed or preserved fruits or vegetables
 - Canned, frozen or dried
 - Dates that are dried on the tree are ok
 - Dates that are picked then dried are not
- Dip for fruit
- Fruit or vegetable juice
- Trail Mix
- Cottage Cheese
- Smoothies
- Pickles
- Coconut
- Fruit that has added flavorings
 - Ex. – Grappies
- Non-reimbursable items with the FFVP snack, even if other funds used to cover the cost



Limited Items

- Dip for vegetables
 - Must be low-fat or fat-free & noted on claim that way
 - 1 – 2 Tablespoons
- Fresh vegetables can be cooked
 - Limited to once a week
 - Always include a nutrition education component
- Leftovers
 - Utilize on another FFVP snack
 - Use in NSLP or SBP, only to avoid waste
 - May not be sent home or given to staff



Maintaining the Program



- Adjust your selection to serve more of the student's favorite
- But still introduce new items
- Be sure fruits and vegetables are appealing
- Introduce students to different varieties
 - Pears, apples, peppers, etc.
- Balance use of whole fruit or pre-cut, prepackaged items against higher production items

Procurement/Purchasing

- A systematic multi-step approach to acquire goods, supplies, and services.
- Informal Procurement
 - Micro-Purchase
 - Purchases between \$0-\$3,500
 - Must distribute purchases equitably
 - Small Purchase
 - Purchases between \$0-\$150,000 or local threshold, most restrictive
 - ALL purchases must be competitive and offer free and open competition
- Formal Procurement
 - Purchases over \$150,000 or local threshold, most restrictive
 - Invitation for Bids
 - Request for Proposals



Micro-purchase and Small Purchase (Informal)

Micro-Purchase	Small Purchase (Informal)
Procurement event <\$3,500 or < local purchase threshold. Use most restrictive threshold	Procurement event – > \$0 and <\$150,000 or < local purchase threshold. Use most restrictive threshold
Written specification not required but encouraged	Written specification required
Not procured competitively	Obtain price quotes from at least two vendors. Encourage obtain prices from three vendors
Divide purchases equitably among vendors, prices should be reasonable	Lowest, most responsive and responsible vendor
Documentation – receipts and invoices that are itemized	Documentation – Specifications, vendors and price quotes, itemized receipts and invoices

Purchasing Fruits & Vegetables

- FFVP schools must follow proper procurement procedures.
- Identify produce & supply items not already procured through NSLP & SBP
- Purchasing avenues:
 - Current produce vendor
 - Local Grocery Store
 - Farm to School Initiative
 - Local producers
 - DoD-Fresh (cannot claim)



Procurement of Locally Grown

- Unprocessed locally grown or locally raised agricultural products
- Can only be minimally processed
 - Cannot alter the inherent character
 - Are allowed to be washed, sliced, & bagged
- Use the geographic preference option is a local decision
- USDA does not define the geographic area that is considered local



Buy American Provision

- All produce is to be grown in the U.S.
- Unless:
 - Produce is only grown outside of the US
 - Produce is out of season
 - Demand exceeds supply
 - Competitive Bids reveal that the costs of a U.S. product are significantly higher
 - Check origin of purchase
- Include the Buy American provision on your procurement documents



Reimbursable Costs



- FFVP is unique as reimbursement is based on actual costs – must document thoroughly
- Majority must go towards purchasing fresh fruits and vegetables
- All non-food costs must be carefully reviewed and deemed reasonable
- Labor costs must be minimal & well documented
 - Actual time via timecard (preferred)
 - Time study

Operating Costs



- Fruits, vegetables, low/no fat dip
- Napkins, paper plates, serving bowls, cleaning supplies and trash bags
- Value added services such as pre-cut produce, delivery charges, etc.
 - Include delivery fees under operational costs 🧐
- Small equipment
- Labor hours to prepare and deliver the produce

Administrative Costs

- Limited to 10% of your total grant
- Purchasing or leasing of large equipment
- Salaries of staff who compile and maintain records, submit claims, write menus, order and coordinate nutrition promotion activities





Equipment Purchases

- Must provide written justification
 - Need for equipment
 - Why current equipment is not sufficient
- Equipment purchased can be used for other Child Nutrition Programs but must be prorated
- Form available – submit prior to claim



Paperwork Requirements



- Participate in State Agency Training
- Submit monthly claims on IowaCNP
- Maintain full and accurate FFVP records
 - Menus
 - Procurement documentation
 - Invoices
 - Timecards/Time study



Best Practice

Keep a FFVP Binder that contains:

- Grant award and FFVP Agreement
- Contact information
- Monthly claim copies
- Invoice copies & purchase orders
- Vendor/local farmers receipts & invoices
- Timesheets and/or time study data for administrative and operational labor costs
- FFVP Promotion activities
- FFVP Budget Tool





FFVP Promotion

- Required to widely publicize your participation in the program
 - Article in local paper
 - Via Banners & posters
 - In school newsletters
 - On district website
 - On back of menu calendar
 - Via Social media
 - Facebook & Tweets
 - Via PTO/PTA meetings
 - Partner with local grocery store
 - FFVP Feature of the week



Partnerships within the School

- Essential elements of FFVP success

- Administrators
- Teachers
- Food service staff
- School nurses
- Custodial staff
- Parents
- Parent Teacher Association
- Student government



Partnerships within the Community

- Community Health Agencies
- Dietitians/ Dietetic Interns
- Extension Specialists
- Iowa Nutrition Network
- Grocery Stores
- Food Corp
- Etc.....



Claim Submission



- Claims must be submitted:
 - Timely manner
 - Deadline: by 3pm on the 15th of each month
 - 60 days



Monthly Claims



2016 - 2017 Fresh Fruit and Vegetable Claim Year Summary

58050000 Status: Active
Saydel Comm School District
 DBA:
 5740 N E 14th Street
 Des Moines, IA 50313
 Type of Agency: Educational Institution
 Type of SNP Organization: Public

Claim Month	Adj Number	Claim Status	Date Received	Date Processed	Earned Amount
Jul 2016					\$0.00
Aug 2016	0	Processed	09/08/2016	09/22/2016	\$1,334.36
Sep 2016	0	Pending Approval	10/04/2016		\$0.00
Oct 2016					\$0.00
Nov 2016					\$0.00
Dec 2016					\$0.00
Jan 2017					\$0.00
Feb 2017					\$0.00
Mar 2017					\$0.00
Apr 2017					\$0.00
May 2017					\$0.00
Jun 2017					\$0.00
Year to Date Totals					\$1,334.36



Monthly Claim



2016 - 2017 Fresh Fruit and Vegetable Claim Month Details

58050000 Status: Active
Saydel Comm School District
 DBA:
 5740 N E 14th Street
 Des Moines, IA 50313
 Type of Agency: Educational Institution
 Type of SNP Organization: Public

Claim Month: October 2016

Action	Adj Number	Date Received	Date Accepted	Date Processed	Earned Amount	Status
There are no claims for this month.						
Total Earned					\$ 0.00	

< Back Add Original Claim

Grant Period Details

Site ID	Site Name	Grant Period	Grant Allocated	FFV & Oper Spent	Admin Spent	Remaining Balance
0418	Cornell Elementary School	Oct 2016 - Jun 2017	\$20,585.36	\$0.00	\$0.00	\$20,585.36
Totals			\$ 20,585.36	\$ 0.00	\$ 0.00	\$ 20,585.36

Monthly Claim



2016 - 2017 Fresh Fruit and Vegetable Claim Site List

58050000 Status: Active
Saydel Comm School District
 DBA:
 5740 N E 14th Street
 Des Moines, IA 50313
 Type of Agency: Educational Institution
 Type of SNP Organization: Public

Month/Year Claimed	Adjustment Number	Date Received	Date Accepted	Date Processed	Reason Code
Oct 2016	0				

Internal Use Only

Actions	Site ID	Site Name	Requested Earned Amount	Current Earned Amount	Previous Earned Amount	Errors	Status
Add	0418	Cornell Elementary School	\$0.00	\$0.00	\$0.00		
Total Earned Amounts			\$0.00	\$0.00	\$0.00		

Monthly Claim



Fresh Fruit and Vegetable Program Site Claim for Reimbursement

58050000 Status: Active Saydel Comm School District DBS 5740 N E 14th Street Des Moines, IA 50313 Type of Agency: Educational Institution Type of DBP Organization: Public		0418 Status: Active CORNELL ELEMENTARY SCHOOL 3817 NE 2nd St Des Moines, IA 50313			
Month/Year Claimed	Adjustment Number	Date Received	Date Accepted	Date Processed	Reason Code
Oct 2016	0				

Claim Information

1. Number of Days of Operation for Fresh Fruit and Vegetable Program in this Report Month. 1

Claim Expenditures	Reviewed	Requested Expenditures	Approved Expenditures	%
2. Fresh Fruit and Vegetable Costs	no items	\$0.00	\$0.00	0.00
3. Operational Costs	no items	\$0.00	\$0.00	0.00
4. Administrative Costs	no items	\$0.00	\$0.00	0.00
Claim Totals		\$0.00	\$0.00	

Claim Comments

5. Organization Comments

6. Internal Use Only Comments

Fruit & Vegetable Costs



58050000 Status: Active Saydel Comm School District DBS 5740 N E 14th Street Des Moines, IA 50313 Type of Agency: Educational Institution Type of DBP Organization: Public		0418 Status: Active CORNELL ELEMENTARY SCHOOL 3817 NE 2nd St Des Moines, IA 50313			
Month/Year Claimed	Adjustment Number	Date Received	Date Accepted	Date Processed	Reason Code
Oct 2016	0				

Fresh Fruit

Product Description	Size/Weight of Shipping Unit	Number of Units	Cost per Unit	Total Unit Cost	Item Status
1.					
2.					
3.					
4.					

Fresh Vegetables

Product Description	Size/Weight of Shipping Unit	Number of Units	Cost per Unit	Total Unit Cost	Item Status
1.					
2.					
3.					
4.					



Operational Costs



Personnel Costs - Preparation and Service
(Labor directly related to the preparation and serving of fresh fruit and vegetables)

Name/Position	# of Hours	Rate per Hour	Labor Cost	Item Status
1.				
2.				
3.				
4.				

Small Supplies/Other Operational Costs
(Small supplies - e.g. napkins, paper plates, utensils, bowls, pans and the like. Other - are such items as low or no-fat dips, etc.)

Product Description	Number of Units	Cost per Unit	Total Unit Cost	Item Status
1.				
2.				
3.				
4.				

Administrative Costs



Personnel Costs
(Labor includes but not limited to planning, ordering, writing menus, reporting, billing, tracking, inventory, etc.)

Name/Position	# of Hours	Rate per Hour	Labor Cost	Item Status
1.				
2.				
3.				
4.				

Durable Supplies
(Equipment purchases and leasing)

Product Description	Number of Units	Cost per Unit	Total Unit Cost	Item Status
1.				
2.				
3.				
4.				

Other Administrative Costs

Product Description	Number of Units	Cost per Unit	Total Unit Cost	Item Status
1.				
2.				
3.				
4.				



SFA Comments



Month/Year Claimed	Adjustment Number	Date Received	Date Accepted	Date Processed	Reason Code
May 2014	0				

Organization Comment

[Save](#) [Cancel](#)



Tell Your Story!

- What's working or not
- What successes or challenges do you have
- Explain your claim

- Provide staff/student feedback
- Examples of Nutrition Ed
- Assistance that you may need

Claim Submission



58050000 Status: Active
Saydel Comm School District
DBA:
3740 N E 14th Street
Des Moines, IA 50313
Type of Agency: Educational Institution
Type of SNP Organization: Public

Month/Year Claimed	Adjustment Number	Date Received	Date Accepted	Date Processed	Reason Code
Oct 2016	0				

Internal Use Only

Actions	Site ID	Site Name	Requested Earned Amount	Current Earned Amount	Previous Earned Amount	Errors	Status
View Modify Admin	0418	Cornell Elementary School	\$0.00	\$0.00	\$0.00		Validated
Total Earned Amounts			\$0.00	\$0.00	\$0.00		

[Print All Claims](#) [Back](#) [Submit For Payment](#) [Approve](#)

Budget Goal

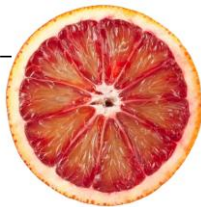


- To fully expend the FFVP grant allocated to your school
 - Implement a weekly/monthly process to monitor expenditures
 - Determine an average fruit & vegetable cost
 - Offset more expensive fruits & vegetables with lower cost fruits & vegetables
 - Open communication between ordering & submitting of the claim



FFVP Awards

- 1st Allocation: July 1 – September 30
- 2nd Allocation: October 1 – June 30
- Grant funds cannot be transferred from 1 allocation to the other
- If an award cannot be spent – notify the state agency.



Monthly Budget Tool



2016-2017 Fresh Fruit and Vegetable Program Budget Form: 1st Allocation											
Agency	School ID#			School Year 2016-2017							
School	Contact Information			Start Period: 10/1/2016 - 9/30/2017							
	\$50,000.00			\$5,000.00							
Average Number of Students	607			Grant Modifications							
				Average Monthly Allocation							
				\$8,164.56							
Month	Adjusted Monthly Budget	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program	Open Fruit Program
Jan	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Feb	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Mar	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Apr	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
May	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Jun	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Jul	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Aug	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Sep	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56	\$1,645.56
Total	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60	\$16,455.60
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Total Funds Remaining for 302nd Allocation	\$1,645.56										
Total Funds Remaining for 303rd Allocation	\$1										

Monitoring & Tracking

2016 - 2017 Fresh Fruit and Vegetable Claim Year Summary

38050000 - Status: Active
Saydel Comm School District
 DBA:
 2740 N E 14th Street
 Des Moines, IA 50313
 Type of Agency: Educational Institution
 Type of SNP Organization: Public

Claim Month	Adj Number	Claim Status	Date Received	Date Processed	Earned Amount
Jul 2016					\$0.00
Aug 2016	0	Processed	09/08/2016	09/22/2016	\$1,334.38
Sep 2016	0	Pending Approval	10/04/2016		\$0.00
Oct 2016					\$0.00
Nov 2016					\$0.00
Dec 2016					\$0.00
Jan 2017					\$0.00
Feb 2017					\$0.00
Mar 2017					\$0.00
Apr 2017					\$0.00
May 2017					\$0.00
Jun 2017					\$0.00
Year to Date Totals					\$1,334.38

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Grant Summary School Year 2016 - 2017

Site ID	Site Name	Grant Allocated	FFV & Oper Spent	Admin Spent	Remaining Balance
0418	Cornell Elementary School	\$25,485.64	\$1,263.70	\$70.68	\$24,151.26
Totals		\$ 25,485.64	\$ 1,263.70	\$ 70.68	\$ 24,151.26

Monitoring & Tracking

2016 - 2017 Fresh Fruit and Vegetable Claim Month Details

38050000 - Status: Active
Saydel Comm School District
 DBA:
 2740 N E 14th Street
 Des Moines, IA 50313
 Type of Agency: Educational Institution
 Type of SNP Organization: Public

Claim Month: August 2016

Action	Adj Number	Date Received	Date Accepted	Date Processed	Earned Amount	Status
View Summary	0	09/08/2016	09/13/2016	09/22/2016	\$ 1,334.38	Processed
Total Earned					\$ 1,334.38	

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Grant Period Details

Site ID	Site Name	Grant Period	Grant Allocated	FFV & Oper Spent	Admin Spent	Remaining Balance
0418	Cornell Elementary School	Jul 2016 - Sep 2016	\$5,099.64	\$1,263.70	\$70.68	\$3,765.26
Totals			\$ 5,099.64	\$ 1,263.70	\$ 70.68	\$ 3,765.26

Monitoring & Tracking

Fresh Fruit and Vegetable Program Claim Summary

38050000 - Status: Active
Saydel Comm School District
 DBA:
 2740 N E 14th Street
 Des Moines, IA 50313
 Type of Agency: Educational Institution
 Type of SNP Organization: Public

Month/Year Claimed	Adjustment Number	Date Received	Date Accepted	Date Processed	Reason Code
Aug 2016	0	09/08/2016	09/13/2016	09/22/2016	Original

Site Claim Summary

	Approved Cost	Previous Reimb. Amount	Claim Amount To Pay	Reimb. Amount
0418 - Cornell Elementary School				
Fresh Fruit and Vegetable FFV & Operational Expenditures	\$1,263.70	\$0.00	\$1,263.70	\$1,263.70
Fresh Fruit and Vegetable Administrative Expenditures	\$70.68	\$0.00	\$70.68	\$70.68
Site Total			\$1,334.38	\$1,334.38
Claim Total				\$1,334.38

Enhancing the Food Safety Program

- SP37-2013
- Standard Operating Procedures must be in place to include any facility or part of a facility where food is store, prepared, and served
 - Includes areas outside of the cafeteria such as kiosks or classrooms
 - Applies to the Fresh Fruit & Vegetable Program



Safe Purchasing & Receiving

- Ensure that vendors follow safe storage and handling procedures
- Purchase specifications should include food safety requirements
- Establish procedures for inspecting deliveries that includes when to accept or reject





Washing & Preparation

- Inspect produce for signs of soil or damage prior to cutting, slicing, or dicing
- Wash produce under continuous running water prior to serving or cutting
 - Produce with rough outer skins should be scrubbed with a vegetable brush
- Clean equipment, utensils, and food contact surfaces with hot, soapy water
 - Includes cutting boards & knives



Hand Hygiene

- Wash hands thoroughly before handling fresh produce
- Rewash hands after:
 - Breaks
 - Visiting restrooms
 - Sneezing
 - Coughing
 - Handling trash or money
 - Anytime hands become soiled or contaminated
- Use gloves when handling ready-to-eat produce



Serving Safely

- Keep cold foods at or below 41F
- Clean and sanitize food contact surfaces
 - Including desks and tables in classrooms
- Prevent cross contamination
- Ensure that bare hands do not touch food and that utensils do not drop into the serving container
- Follow proper hand washing procedures
- Clean up spills promptly
- Avoid potential pest problems



Safe Storage

- Maintain recommended temperature for the variety of produce being used
- Store at least 6 inches off of the floor
- Store in a covered container above other items that might cause contamination
- Follow manufacturer's instructions
- Wash before preparation, not before storage



Specific Recommendations - Melons

- Melons

- Do not use if rinds show signs of decay or damage
- Wash the outer surface prior to cutting
- Hold at 41F or lower once cut
- Consume or discard cut melon within 7 days



Specific Recommendations - Tomatoes

- Tomatoes

- Do not wash in cold water
- Do not use if tomato shows signs of soil and skin damage
- Hold at 41F or lower once cut
- Consume or discard cut tomatoes after 7 days



Specific Recommendations – Leafy Greens

- Leafy Greens

- Do not use if visible signs of decay or damage are present
- Do not rewash packaged produce labeled:
 - “Ready-to-eat”
 - “Washed”
 - “Triple Washed”
- Store and hold at or below 41F



Food Safety Resources

- Iowa Department of Education
 - <https://www.educateiowa.gov/pk-12/nutrition-programs/fresh-fruit-vegetable-program>
- ISU Extension
 - <http://www.extension.iastate.edu/foodsafety>
 - <http://www.schoolhaccp.org>
- Institute of Child Nutrition
 - <http://theicn.org/ResourceOverview.aspx?ID=394>

Nutrition Education

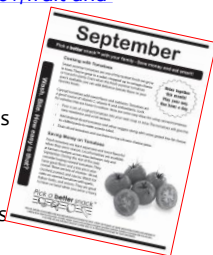
- Important to the program's success
- Nutrition education that fit your school
 - Nutrition tips via morning announcements
 - Nutrition fact sheet delivered with daily snack
 - Geography lesson regarding where crop is grown
- Utilize FREE resources



Team Nutrition Project



- Fruit and Vegetable Promotion Resource
 - <https://www.educateiowa.gov/fruit-and-vegetable-resource>
 - Sample Tasting Schedule
 - Taste Test Strategies
 - Fruit & Vegetable Fact Sheets
 - Fruit and Vegetable Lessons
 - Morning Announcements
 - Parent Newsletter Templates



Sample Morning Announcements

- **What am I?** I am bright red, heart-shaped fruit with seeds on the outside and a green cap. I am a tender, sweet fruit packed with vitamin C. I am a member of the Fruit Group. I grow on a plant in a garden, a pot, or on a farm. California grows 83 percent of the crop in the United States. Every one, no matter the size, has about 200 seeds. **Today's snack are Strawberries!**
- **What am I?** My name comes from the Latin word brachium, which means "branch" or "arm." My tree-like stalks are topped with umbrella-shaped clusters of purplish green florets. I am packed with vitamin C and a good way to add fiber to your meal or snack. I am a member of the Dark- Green Vegetable Subgroup. I grow in nearly every state, including Alaska and Hawaii. California is the state that grows that most. Eating me raw with low-fat ranch dip is a great snack! **Today's snack is Broccoli!**



Pick-a-Better Snack

- <http://www.idph.state.ia.us/INN/PickABetterSnack.aspx>
- Family newsletter
- Recipe cards
- Nutrition education lessons
- Bingo cards
- Fact sheets
- Graphics



Tips for Success



- ✓ Establish a monthly budget
- ✓ Pay attention to program logistics
- ✓ Establish partnerships
- ✓ Incorporate nutrition education
- ✓ Food Safety
- ✓ Follow proper procurement procedures
- ✓ Promote your program
- ✓ Provide a variety of fruits & vegetables

FFVP Questions?

- Stephanie Dross
 - stephanie.dross@iowa.gov
 - 515-281-4760
- Keerti Patel
 - keerti.patel@iowa.gov
 - 515-281-3353
- Sandy Fiegen
 - sandra.fiegen@iowa.gov
 - 515-681-5750